



HOW TO SAVE WATER

In every day life

Carlotta, Konrad, Lena, Aleksander,
Giulia, Zsafia, Benas

WHY SHOULD WE SAVE WATER?

Water is one of the most important resources on our planet: it serves the survival of all living beings. If we think about it, any activity we carry out on a daily basis involves its use: from the energy we use, to the dishes we cook. Many think that it is an inexhaustible resource, because it is characterized by a sort of "life cycle", but this is not entirely true. 71% of our planet is made up of water, but only 2.5% is made up of fresh water, which is essential for the survival of plants, animals and humans. With the increase in population and the climate changes we have been witnessing in recent years, it appears increasingly urgent to apply some small precautions to our daily lives that can limit the consumption (and waste) of water.



OUTSIDE

- Collect rainwater and use it for watering your plants inside
- Use a broom to clean off outside areas instead of washing them off
- Wash your pets outdoors where your lawn needs watering
- Take your car to the carwash instead of washing it at home, a lot of carwashes recycle the water



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BATHROOM

- Close the water tap while brushing
- Fill out the cup with water instead of using running water
- Install a high efficiency showerhead
- Take shorter showers
- Check for leaks
- Take showers instead of taking bath
- You don't need to use full flush when you use the toilet



KITCHEN

- One idea can be to install a flow reducer
- When washing fruit and vegetables, recover the water with a container for watering the plants
- Use a dishwasher only when it's full.
- Don't throw used oil into the sink or into the toilet because one liter of used oil pollutes a million liters of groundwater
- Steam food instead of boiling

